

# Veteran Directed Care

## What is Veteran Direct Care (VDC)?

A Veterans Health Administration program that gives veterans choice and control over their long-term care.

## How can I qualify?

- You are a veteran
- You are enrolled in VA health care
- You want to live in your own home
- You meet the clinical need for VDC
- You are able to make independent decisions about your finances, healthcare, and personal care or can appoint someone to act on your behalf.

## How do I apply?

Your primary care physician at your local VA Medical Center will refer you to a VDC provider.

## How can Senior Services help?

Once you are referred to Seniors Services' VDC program, we will:

- Listen to your goals and needs
- Help you plan your services
- Connect you to community resources



## Resources

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### **Veteran Directed Care Information**

804-493-0238 ext 1219

### **Senior Services of Southeastern VA**

757-461-9481

[www.ssseva.org/VDC](http://www.ssseva.org/VDC)

## VA Affiliates

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### **Richmond VA Medical Center**

[www.richmond.va.gov](http://www.richmond.va.gov)

### **Hampton VA Medical Center**

[www.hampton.va.gov](http://www.hampton.va.gov)