



HEALTHWISE

FREE Technology Help for Ages 60+

Course Details:

- 2 sessions a week for about 3 months
- Need access to a Wireless Connection (WiFi)
- Need Tablet or Computer with Camera (*one may be provided*)

Learn to:

- Find a WiFi Network
- Join a ZOOM Call
- Work an APP
- Use Telehealth to Visit Your Doctor
- Send and Receive Emails

Want to become
a Virtual Coach?
Email
Lfyfe@ssseva.org

Register at:

(757) 222-4526