



# In-Home Services

## Senior Advocate Ombudsman

For nursing home and assisted living residents.

- Investigates concerns & complaints
- Mediates issues
- Provides counseling

## Senior Companion Program

- Friendship
- Light help around the house
- Opportunities to get out of the house
- Socialization

## Veteran Directed Care

- Assistance in preparing your VA-approved healthcare budget
- Managing your healthcare priorities
- Help in securing your self-directed benefits



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Franklin, VA 23851

[www.SSSEVA.org](http://www.SSSEVA.org)

[www.facebook.com/SSSEVA](https://www.facebook.com/SSSEVA)

[www.NoWrongDoorVirginia.org](http://www.NoWrongDoorVirginia.org)

Senior Services of Southeastern Virginia is a 501(c)(3) nonprofit organization.



Senior Services of Southeastern Virginia is committed to ensuring that no person is excluded from participation in or denied the benefits of its services on the basis of race, color, or national origin, as provided by Title VI of the Civil Rights Act of 1964.



Keeping You  
Healthy, Active,  
& Engaged





## In-Home Services

Let Senior Services connect you with the information and assistance you need to stay healthy, active, and engaged. Our resource specialists will answer your questions and connect you with the resources you need.

- Care Transitions
- Caregiver Support
- Homemaker Assistance
- Medicare Benefits Counseling
- Options Counseling
- Personal Care
- Senior Advocate Ombudsman
- Senior Companions
- Veteran Directed Care

\* In-Home Services for ages 60+

## What About Fees?

Many of our services are provided at no cost for ages 60 and better.

**Call for more information.**



## Care Transitions

- Improve your post-hospital skills
- Maximize your recovery
- Reduce your chance of hospital readmission

## Caregiver Support

- Access to services to help you better care for your loved one
- Caregiver stress relief
- Respite services

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Keeping You Healthy, Active, & Engaged



## Homemaker Program

- Light housekeeping
- Light meal preparation

## Medicare Benefits Counseling

- Understand your Medicare options
- Compare prescription drug plans
- Help resolve billing issues

## Options Counseling

- Review resource options for physical, medical, financial, or emotional needs
- Assistance in connecting with the resources you choose
- Caregiver support

## Personal Care Program

- Bathing
- Self-care tasks