

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2026

Hayden Village Center Soc & Rec Activity Calendar 60+

	1 Tu B'Shevat Begins	2 11:00 Musical Monday A Moment in Black History *1:30-3:00 Line Dancing Groundhog Day	3 10:00 Tea-Time *1:00 Mindful Tuesdays *2:30 TaylorMade Fitness 60+	4 1:00 In-Person BINGO Wacky Wednesday Red, Pink, or Purple Day	5 11:00 Trivia Thursday A Moment in Black History *2:30 TaylorMade Fitness 60	6 Wear Red Day 10:30 Fitness Friday Chair Fitness 11:00-3:00 Computer Lab	7
8	9 11:00 Crafting *1:30-3:00 Line Dancing	10 10:00 Tea-Time A Moment in Black History *1:00 Mindful Tuesdays *2:30 TaylorMade Fitness 60+	11 11:00 Wellness Wednesday 2:30-4:00 Cupid BINGO Event RSVP	12 11:00 Trivia Thursday *2:30 TaylorMade Fitness 60	13 10:30 Fitness Friday Chair Fitness A Moment in Black History 11:00-3:00 Computer Lab	14 Valentine's Day	
15	16 CLOSED Presidents' Day (U.S.)	17 10:00 Tea-Time *1:00 Mindful Tuesdays *2:30 TaylorMade Fitness 60+ Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)	18 1:00 In-Person BINGO Black History Month Wacky Wednesday Winter Scarf Day	19 11:00 Guest Speaker E. Carter from BBB 1:00 Trivia Thursday *2:30 TaylorMade Fitness 60	20 10:30 Fitness Friday Chair Fitness 11:00 TAO 11:00-3:00 Computer Lab	21	
22	23 11:00 Crafting Black History Month *1:30-3:00 Line Dancing	24 10:00 Tea-Time *1:00 Mindful Tuesdays *2:30 TaylorMade Fitness 60+	25 11:00 Wellness Wednesday Black History Month 1:00 Game Day Puzzles	26 11:00 Trivia Thursday *2:30 TaylorMade Fitness 60	27 10:30 Fitness Friday Chair Fitness 11:00-3:00 Computer Lab	28	

It's always great to see your smiling faces! Join us for In-Person Programs:

- **"Krafting with Kenya"**- Come join your fellow seniors with making crafts that will bring out your creative side. Items are taken home after completed.
- **Musical Mondays**- Have you ever wanted to play a triangle? Or beat a drum? Let's get together and make some music.
- **Mindful Tuesday**-Put your thinking caps on! Join in on the fun as we do trivia, play word games, and other mind stimulating activities.
- **In-Person BINGO**- Want to play BINGO? Join this interactive fun game of **IN-PERSON BINGO**; maybe it's your LUCKY day to win a prize 😊.
- **TaylorMade Fitness 60+**- Ready to Move and Groove to the beat? Join LaKenneth Kindred as he teaches a low impact class with weights, stretching, and walking.
- **Trivia Thursday**- Put your thinking caps on! Join in on the fun as we do trivia questions and learn more about the world and history.
- **TAO presents**- Various artists come to Hayden to create art with us or share their talents such as singing or performing arts.
- **Fitness Friday**- We know you love music...Do you love fitness too? Come join the fun as we stretch, lift weights, and move our bodies from our chairs...End your week with a sweaty beat 😊!
- **Fun Fact Friday**- Have you ever wanted to learn something new or go on an adventure without leaving your chair? Here is your chance to do just that. Come learn about exciting celebrations here and around the world.
- **Line Dancing**- Put your dancing shoes on! Come out and learn the latest line dances with **Embrace the Move**.
- **Computer Lab**- Open to residents of Hayden Village and the clients who participate in programs offered at the center.
- **Open Gym**-Open to residents of Hayden Village to be able to have a safe place to walk.

For more information on how to get involved, rent the facility for space usage, and/or SIGN UP for activities please contact Kenya Morton at (757) 222-4527. To get more information about Senior Services of Southeastern Virginia contact us at (757) 461-9481.