



ANNUAL REPORT

A YEAR IN REVIEW

2018



LETTERS FROM OUR LEADERS

From our CEO

As the Chief Executive Officer for Senior Services of Southeastern Virginia (SSSEVA), I am proud to lead a team of highly qualified and passionate individuals. My goal is to give this team the tools and freedom they need to serve the seniors, veterans, and people with disabilities in our community with the love and dignity they deserve.



Steve Zollos

This year, SSSEVA will serve over 50,000 meals at our congregate sites. We will have provided direct person-centered care to more than 10,000 seniors. Let's talk transportation, too. Our transit team will have provided over 14,000 rides to medical and other appointments. If you've tried to navigate the Medicare registration process, you will appreciate that we will have assisted more than 2,000 seniors to get the most out of their Medicare benefits. If you need support as a caregiver or require personal care, a senior companion, home care, help when you return home from a hospital stay, or just a companion to be a friend, you can call on your SSSEVA team.

How has SSSEVA become the only personalized one-stop resource for seniors in South Hampton Roads and Western Tidewater? It's our people.

From our drivers to our resource specialists, our people are special. They love what they do and what they do is care for seniors, veterans, and those who have disabilities in our community. You can see and feel their love by how hard our team works, by the smiles on their faces, and through the care and compassion they show while assisting others.

2019 looks to be another exciting year as we anticipate expanding our programming and serving even more people throughout Hampton Roads.

A handwritten signature in black ink that reads "Steve Zollos". The signature is fluid and cursive, with a long horizontal line extending from the end.

From our Board President

Fiscal Year 2018 was another big one for SSSEVA. As the agency moved into our 46th year of serving our region's seniors and began implementing Strategy 2020, our business, and strategic plans for the years ahead; we encountered several changes and accomplished much that continues to make us the personalized one-stop resource for seniors.

This past year, the staff and board of directors at SSSEVA worked diligently with great zeal to provide all the tools necessary to not only prolong seniors' lives and enable them to live independently longer but also to keep seniors eating healthy and staying active. As you will see in the following pages, our wellness centers, workshops, and transportation services have filled great needs in our communities, providing seniors with companionship, education, and transportation to their important doctor appointments and more.

Additionally this past fiscal year, we celebrated the groundbreaking for Hayden Village Center, our building project in Franklin, Virginia, which boasts mixed-use residential and commercial space. Our CEO, John Skirven, retired from his position on July 31, after being at the helm for 28 years. Steve Zollos was promoted to CEO and has continued to lead SSSEVA with excellence.

With each day I am involved with the staff and directors of SSSEVA, I am honored to serve as board president. I appreciate the knowledge, compassion, and experience this organization provides our region and how passionate everyone here is in serving our seniors, veterans, and caregivers. This is what propels us to continue to expand the services we provide, increase our collaborative alliances, and look forward to the continued support of our state and local governments, and the generosity of our partners as we continue to grow and serve our community.

Cathy A. Dalton



Cathy A. Dalton

BOARD OF DIRECTORS

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Steve Zollos, CEO, Ex-Officio

OUR SERVICES

- Advocacy
- Care Coordination
- Care Transitions
- Meals on Wheels
- I-Ride Transit
- In-home Services
- Medicare Benefits Counseling
- Options Counseling
- Senior Advocate Ombudsman Program
- Senior Companion Program
- Volunteer Opportunities
- Wellness Centers
- Wellness Classes

MISSION, VISION, VALUES

Mission: *To provide seniors and their caregivers with access to programs and services so they may live their lives with choice and dignity in their communities.*

Vision: *We envision a community that empowers, respects, and values seniors and their caregivers.*

Values: *Act with courage. Create trust. Exhibit respect. Deliver results.*

PEOPLE
SERVED

BY JURISDICTION

Chesapeake.....	1,391
Franklin.....	889
Isle of Wight.....	708
Norfolk.....	3,106

Portsmouth.....	912
Southampton.....	442
Suffolk.....	1,345
Virginia Beach.....	1,532

PUBLIC
SUPPORT

& REVENUE

Federal Funds.....	\$3,684,430 (49%)
State Funds.....	\$2,282,986 (30%)
Grants and Contracts.....	\$616,966 (8%)
Donated Goods and Services.....	\$159,508 (2%)

Program Revenue.....	\$504,947 (7%)
United Way and Contributions.....	\$304,555 (4%)
Other.....	\$21,531 (0%)
Total Revenue.....	\$7,574,923

EXPENDITURES BY SERVICE PRIORITIES

Community- based Services.....	\$1,462,852 (19%)
Aging and Disability Resources.....	\$1,842,435 (24%)
Transit.....	\$1,459,501 (19%)
Management and Fundraising.....	\$1,176,121 (16%)

Wellness and Lifestyle.....	\$1,291,603 (17%)
Benefits Counseling.....	\$188,362 (2%)
Donated Goods and Services.....	\$159,508 (2%)

ADVOCACY



March for Meals

SSSEVA is a proud Meals on Wheels of America (MOW) member organization. Each March, in participation with the national organization's "March for Meals" campaign, we take time to spread awareness around the serious issue of food insecurity facing so many of our

country's elderly citizens. During the week of March 19-23, 2018, we invited local public officials, celebrities, and volunteer groups to visit the senior participants at two of SSSEVA's senior center nutrition sites—one at Williams Farm Recreation Center in Virginia Beach and the Mary Wells Senior Center at Nike Park in Carrollton.

Emergency Meal Special Deliveries

Twice each year ahead of the winter storm and summer/fall hurricane seasons, SSSEVA's MOW clients receive a week's delivery of shelf stable meals to have on hand in case severe weather causes power outages or makes the road conditions too dangerous

for MOW deliveries. SSSEVA is so fortunate to have the assistance of its volunteer corps to help make those deliveries to hundreds of seniors residing throughout the South Hampton Roads and Western Tidewater region. In November 2017, a few of SSSEVA's MOW clients had their emergency meals delivered by their U.S. congressmen.

During the U.S. Congressional recess early in the week prior to the Thanksgiving holiday,

Rep. A. Donald McEachin (VA-Dist.4) and Rep. Scott Taylor (VA-Dist. 2) personally delivered these meals to some very grateful seniors in their districts.

Coffee with Congress

In May 2018, in partnership with the Alzheimer's Association of Southeastern Virginia Chapter and the Peninsula Agency on Aging, SSSEVA co-hosted two separate Coffee with Congress sessions, one with

Rep. Scott Taylor (VA-Dist. 2) in Norfolk at our own Center for Aging, and one with Rep. Bobby Scott (VA-Dist. 3) in Newport News. Invited guests at each site, including about 40 clients, aging industry professionals, and board members from each organization, had the opportunity to share their personal stories and challenges with their district's Congressman.



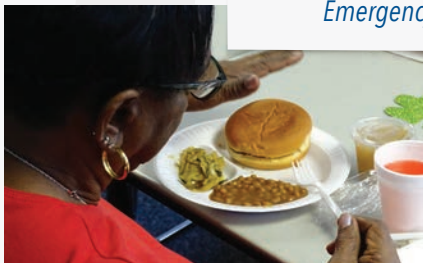
FEEDING SENIORS



Farmers Market



Emergency Meal



Congregate Meals

51,723 congregate meals were served to **1,149** seniors at our nutrition sites in South Hampton Roads and Western Tidewater.

15 senior wellness center sites serve nutritious meals and offer participants opportunities for education and socialization.

106,715 home-delivered meals were enjoyed by 652 individuals living in South Hampton Roads and Western Tidewater.

871 people received vouchers for the Virginia's Farmers Market Fresh for Seniors program.



At SSSEVA, not only is it important that seniors get fed, but we want them to be given nutritious meals and taught healthy eating habits. Because of this, Kirsten Romero, MS, RDN, a registered dietitian, works with the wellness program at SSSEVA. She believes that proper nutrition is not a secret formula, nor

is it found in the latest fad diet. Instead, her nutrition coaching is tailored to each client's individual goals and objectives to establish an eating plan that is enjoyable and sustainable. Romero provides nutrition education at our wellness centers, and she is available to provide one-on-one nutrition coaching

to participants in our wellness centers and Meals of Wheels programs.

In Fiscal Year 2018, 380 seniors participated in 17 group education sessions on nutrition. 14 participated in new individual nutrition coaching.

WELLNESS

18 Chronic Disease and Diabetes Self-Management workshops were held in Fiscal Year 2018 with a total of 108 sessions and 241 participants.

This program offers small group discussion, problem solving, and small goal setting. It helps with things such as menu planning, proper diet and carbohydrate intake, blood sugar levels, and sick days. Each program is sponsored by the Virginia Department for Aging and Rehabilitative Services and Live Well, Virginia!

440 Enhance Fitness classes were hosted at 4 locations with 92 seniors in attendance. This program touts low-cost, evidence-based group exercise that helps older adults at all fitness levels become more active, energized, and empowered to sustain independent lives.

76 seniors participated in the Fall Prevention event this year at Primeplus in Norfolk, Virginia. During this event, many health professionals completed health screenings, there were exercise classes, and workshops on preventing falls and fraud.



Puzzle Time

11 Matter of Balance workshops were held in Fiscal Year 2018 with a total of 88 sessions for 147 participants. This award-winning, eight-week program is designed to manage falls and increase activity levels. It includes a workbook designed for home awareness of trip hazards, safety tips, and how-tos to keep seniors safe and fall free.



Enhance Fitness



Balance Class



Rock Painting



Maintain Health



Vision Boards

Wellness Center Activities

Our Wellness centers are located in area Parks and Recreation senior centers and other community partner host sites. They provide an atmosphere for socialization and opportunities to maintain health and independence. The centers offer a variety of programs for seniors including games, meals, classes, shopping, field trips, holiday celebrations among other special events and programs.

I-RIDE TRANSIT



I-Ride Transit services include fixed routes, medical transportation, paratransit, and on-demand response. For its senior riders, I-Ride Transit provides the ability to get to medical appointments, thereby ensuring their access to healthcare. It also provides seniors, who are at risk of isolation, the ability to travel to area senior wellness and nutrition centers and adult day care.



I-Ride Assistance

14,067 rides provided by I-Ride Transit on its fixed routes through Norfolk, Franklin, and Smithfield.

51 seniors driven to the voting polls on Election Day through I-Ride's partnership with local taxi companies.

I-Ride provides **3** fixed routes: Smithfield, Franklin, and Wards Corner in Norfolk.

48 vehicles are in the I-Ride fleet: 18 in the Western Tidewater area and 30 in Norfolk.

MEDICAL BUS ROUTE
FOR SUFFOLK, ISLE OF WIGHT AND WESTERN TIDEWATER

NOW RUNNING!
\$1 per ride per person



Call 757-328-1440

Connect with:

- Sentara Obici Hospital
- Ivor Medical and Dental Clinic
- Western Tidewater Free Clinic
- Virginia Regional Transit
- Park & Ride Smithfield

Call 757-642-0338 or 757-328-1440 for more information.

**WHEEL CHAIR ACCESSIBLE
FIXED ROUTE**

See reverse side for a detailed schedule.

Follow us on Facebook:
WESTERN TIDEWATER COMMUNITY TRANSPORTATION COLLABORATIVE

Western Tidewater Community Transportation Collaborative

SSSEVA is a partner in the Western Tidewater Community Transportation Collaborative. Including SSSEVA, the collaborative is comprised of members with Catholic Charities of Eastern Virginia, Horizon Health Services Inc., Obici Healthcare Foundation, Sentara Obici Hospital, The Children's Center, Virginia Regional Transit, and the Western Tidewater Free Clinic. In Fiscal Year 2018, the collaborative started a sponsored fixed route. This route, the Western Tidewater Connector, connects residents to various medical facilities, including OBICI Hospital, Smithfield Park and Ride, Ivor medical/dental facilities, and the Western Tidewater Free Clinic.



I-RIDE TRANSIT

SERVICES & SUPPORT



Center Participant



Care Transitions Intervention®

61 clients were helped through the **Care Coordination program.**

Through this program, care coordinators meet with clients and their caregiver families to explain resource options for physical, medical, financial, and emotional needs; coordinate with other agencies; and provide support to existing caregivers.

9,134 individuals were provided with information and assistance by our resource specialists.

714 individuals received **Care Transitions Intervention®** service by certified CTI® coaches. This award-winning program helps clients gain confidence and the skills they need to take charge of their health after returning home from a hospital stay.

94 seniors received 8,926 hours of care through the Homemaker Program.

271 seniors were helped through home medications management.

19 seniors were assisted through the Senior Cool Care program, totaling 12 air conditioners and 11 fans.

86 seniors received 7,753 hours of care through the Personal Care Program.



Senior Companion Recognition

2,888 Medicare benefits inquiries were responded to by SSSEVA's benefits counselors. These counselors are available to help sort through Medicare options and assist in applying for benefits.

124 Senior Companions served 59,655 hours with seniors living throughout South Hampton Roads in the past fiscal year.

VOLUNTEERS

All that SSSEVA accomplishes each year would be impossible without help from our volunteers. Our supporters spend tireless hours in our offices, in the communities we serve, and through supporting our staff at agency special events. Here's a look into all our volunteers do to make SSSEVA all that we are to the seniors and caregivers we serve.



Sentara Medical Group

More than **700** hurricane meals and more than 500 winter emergency meals were delivered by our volunteers Fiscal Year 2018.

215 hours were served by **26** volunteers participating in SSSEVA's **Fall Prevention event** at Primeplus in Norfolk, Virginia, as part of the United Way of South Hampton Roads' National Day of Caring.

26 volunteers served **215** hours making **Comfort Calls**, biweekly check-in calls after Meals on Wheels deliveries to ensure all is well with senior clients.

13 Senior Advocate Ombudsmen served **1,539** hours consulting and visiting with residents in long-term services and supports facilities. These volunteers served to represent the expressed concerns of consumers receiving long-term services and supports.



Senior Advocate Ombudsmen



Sentara Medical Group



Comfort Calls Volunteers

6 Volunteer events were held in Fiscal Year 2018, with a total of 134 individuals serving the organization as volunteers.

17 Volunteer groups, totaling 156 individuals in the groups, served 832 hours.



Trader Interactive

1,411 nonperishable items were collected during the holidays in 2017 by SSSEVA staff for the Foodbank of Southeastern Virginia.

Additionally, the agency supported its Center for Aging neighbor Alzheimer's Association Southeastern Virginia Chapter by putting together a team to participate in and raise funds for the Walk to End Alzheimer's in Virginia Beach. Staff also donated \$6,552 in United Way pledges.

Holiday HELPERS

A Santa for Seniors: Volunteers from Anthem, Inc. hosted their annual holiday party at the Dr. Clarence V. Cuffee Community Center in Chesapeake, Virginia, for the ninth year for about 100 seniors who regularly participate in SSSEVA's weekday wellness and nutrition center programs. The Anthem volunteers served the holiday meal, treated the seniors to activities, and brought lots of gifts.

B Rose & Womble Turkey Drive: In November, Rose & Womble's Suffolk office hosted a turkey drive. Traditional holiday foods were donated to be distributed to isolated and at-risk elderly individuals and families. The SSSEVA care coordination team was able to deliver meal packages to 60 clients.

C Atlantic Bay Cares: In December, Atlantic Bay Mortgage Group Virginia Beach gave through its philanthropic arm, Atlantic Bay Cares. Through its annual Senior Wish List program,

SSSEVA was able to deliver hundreds of presents to local seniors.

D Tidewater Finance Company: Additionally, the Tidewater Finance Company donated hundreds of presents to local seniors through its Angel Tree program.

E Social Security Determination: The office staff at the Norfolk Social Security Disability Determination office provided holiday gifts to three Norfolk seniors in need.

F Titan America: In December 2017, Titan America LLC Norfolk corporate staff donated holiday gifts for SSSEVA's Meals on Wheels clients and participants at our senior wellness centers. Pictured are SSSEVA Center for Aging Director Brad Lazernick (back left); SSSEVA Rural Nutrition Program Supervisor Tonya Whitley (left front); Angela Lawler (center) and Keisha Wilson (center front), who both coordinated the Titan America holiday giving drive

for Titan America; and SSSEVA Director of Wellness Shonya Anderson.

G Coston: Local resident Michelle Coston donated two Christmas boxes of goodies to two local seniors.

H PRSAHR Giving: The Public Relations Society of America Hampton Roads Chapter adopted SSSEVA's senior wellness centers as the recipients of its spring/summer public service project. Chapter members generously donated an abundance of art supplies to be distributed for arts and crafts needs at the centers. Items such as these are only funded through direct donations of goods or funds. Pictured from left to right are SSSEVA Urban Nutrition Program Supervisor Emmanuelle Rice, City of Portsmouth Department of Museums Communications Coordinator and PRSA member Lynette James who coordinated the public service project, and SSSEVA Director of Development and Community Relations Debbie Schwartz.



Thank
You!



EVENTS



**HAYDEN VILLAGE
CENTER**

On October 23 2018,
*approximately 60 invited guests
gathered for an official groundbreaking
marking the restart of construction to
rehabilitate the historic Hayden High
and Junior High School building into
the Hayden Village Center in Franklin,
Virginia. The Hayden Village Center is a
project of Hayden Village Associates LLC,
formed as a partnership for the purposes
of the rehabilitation between SSSEVA
and Luna Development Services, LLC of
Norfolk. Construction is under Ashett
Construction. The building will open
in 2019.*



HAYDEN VILLAGE
Groundbreaking Ceremony

DANCING with the SENIORS

SSSEVA co-sponsored "Dancing with the Seniors" with Atlantic Shores Community Living, The Sandler Foundation, and Arange. 2018 Dancing with the Seniors is a biweekly, free dance program for seniors 55+. Participants in the program learn ballroom, Latin, cultural, line dances, and more throughout the eight instructional sessions. Classes were held Jan. 29 through May 7, culminating with a senior prom.



WESTERN TIDEWATER Art of Healthy Aging

On April 6, 2018, seniors gathered at the Paul D. Camp Workforce Development Center in Franklin, Virginia, for a sold-out event. The half-day expo and forum was an interactive day of information, entertainment, raffles and more.



KEEP ON
Aging
OUT
LOUD!

The Art of Healthy Aging Forum & ExpoSM

Age is what you make of it!

Local seniors proved this as they moved and grooved to the sounds of Masters of Soul on Wednesday, Nov. 1, 2017, during Senior Services' "The Art of Healthy Aging Forum & Expo," presented by Virginia Eye Consultants. The sold-out, half-day event at the Virginia Beach Convention Center included breakout sessions, entertainment, exercise, and information about products and services from 60+ vendors. In addition, as part of National Family Caregivers Month, three local caregivers—family, professional, and veteran caregivers—were recognized during "A Salute to Caregivers," sponsored by Optima Health and Sentara Life Care.



AWARDS



A HQI Presentation



D Seniors Corp Award



B V3 Certification Award



E n4a Excellence in Leadership Award



C Aging Achievement Award



G Letters from Senator Warner



F 2018 Volunteer Recognition

A HQI Presentation: During a meeting hosted by the Virginia Department for Aging and Rehabilitative Services (DARS), Health Quality Innovators (HQI) recognized SSSEVA as one of three Area Agencies on Aging that helps reduce health care disparities by bringing workshops to minority and rural communities. SSSEVA, the Peninsula Agency on Aging, and Senior Connections were honored for their diabetes self-management education programs (DSMPs). As a Medicare Quality Innovation Network – Quality Improvement Organization (QIN – QIO), HQI has built a strong partnership with DARS and many Area Agencies on Aging to expand the availability of DSMP workshops in communities across Virginia.

B V3 Certification Award: Senior Services earned Virginia Values Veterans (V3) certification. V3 is a free training and certification program for employers to help them implement nationally recognized best practices in recruiting, hiring, and retaining highly skilled and dependable veterans. As one of the hundreds of V3 certified employers, Senior Services has gone through hours of training and developed an organizational veteran hiring plan that implements best practices into its process for onboarding and retaining veterans.

C Aging Achievement Award: The agency was honored for its Electronic Performance Appraisal Tool (EPAT) with an Aging Achievement Award by the National Association of Area Agencies on Aging (n4a). The awards program is supported by WellCare Health Plans. EPAT was among 45 local aging programs to receive honors at the n4a Annual Conference & Tradeshow, July 28–August 1 in Chicago, IL.

D Senior Corps Senior Companion of the Year Award: On May 21 at the Virginia Volunteerism Conference in Richmond, Virginia, Senior Services' Senior Companion Lizzie Scott was named Senior Corps Senior Companion of the Year during the second annual Virginia National Service Awards. The awards

honor AmeriCorps and Senior Corps members serving Virginia who have performed outstanding service in their communities.

E n4a Excellence in Leadership Award: On John Skirven's last day as Senior Services CEO while in Chicago, Illinois, for the National Association of Area Agencies on Aging's (n4a's) Annual Conference & Tradeshow, he received n4a's highest honor: the 2018 Excellence in Leadership Award. The n4a Excellence in Leadership Awards are given to AAA and Title VI directors or their affiliates (staff, Board or Advisory Council) who have demonstrated exceptional leadership capabilities at the local, state, or national level in advancing the mission of the Older Americans Act and preparing communities for our nation's rapidly aging population. Winners are nominated and then selected by a panel of their peers.

F President's Volunteer Service Award: For the first time ever, the agency awarded several volunteers with the President's Volunteer Service award. Each award contained a customized certificate of achievement and a congratulatory letter signed by the president of the United States, as well as a pin. Award winners included Tony Derrell, Patricia Fuller, Jeannette Morrow, Valerie Smith, Zachariah Ash, Andrea Bannister, Stella Crawford, Martha Cuffee, Phyllis Harris, Carol Laginess, Sue Lemmon, Sandra Pierce, Joyce Riddick, Edna Sutton, Mable Taliaferro, Margaret Watson, Peggie Whitley, and USS Eisenhower's Brian Ellis.

G Letters from Senator Warner: Sandy Ricks from Senator Mark Warner's office presented letters of congratulations from Sen. Warner to Wellness Program Coordinator Mona Burwell and Senior Companion Mrs. Lizzie Scott for their Health Quality Innovators and Senior Corps recognitions.

CONTRIBUTIONS AND GRANTS

Senior Services is grateful for the contributions and grants it received during the past fiscal year 2017-2018, Oct. 1, 2017 through Sept. 30, 2018. We want to thank the following individuals, businesses and charitable organizations whose support and generosity allow it to carry on its mission and develop the critical partnerships necessary to meet the challenges ahead.

Business & Partner Organizations

Best Ink Store
Chesapeake Regional Hospital
Delta Sigma Theta VA Beach Chapter
Fleet Reserve Association
Kempsville Branch 99
The Hayden High School Alumni Assoc.
Hester, Hester & Assoc. Ltd.
Hook Law Center
Ironclad Technology Services
Keurig Green Mountain
Lambda Psi Omega Chapter of Alpha Kappa Sorority
Mt. Olive Church
National Lutheran Communities
Norfolk Neighborhood Crime Prevention Coalition
Norfolk Primeplus Senior Center
Optima Health
Optima Health Community Care
SeniorCorps Inc.

Sentara Healthcare
Sentara LifeCare
Serenity Healthcare LLC
Southeastern Insurance
St. Paul's Episcopal Church
Suffolk Foundation
United Healthcare
The Crossings at Oakbrooke
The Village at Woods Edge
TowneBank
Virginia Beach Antique Mall
Virginia Beach Sheriff's Office
Virginia Eye Consultants
Virginia Symphony
Waterfront Consulting

Charitable Organizations

Altria Companies Employees Community Fund
Anonymous
The Camp Family Foundations
Cape Henry Rotary Club
Cardinal Health Foundation
Dominion Energy Charitable Foundation

Franklin Southampton Charities
Franklin Southampton United Way
Glick Gives Fund
Community Grants
Grove Church
Hampton Roads Community Foundation
HumanKind
Meals on Wheels Association of America
Peninsula Community Foundation
The Anthem Foundation
The Bank of America Charitable Foundation
The Robert & Dorothy Doumar Foundation
The Landmark Communications Foundation
The Pruden Foundation
The Sentara Healthcare Foundation
The Suffolk Foundation
The United Way of South Hampton Roads
Volunteers of America

Individuals & Families

Ms. Linda Ackiss
Mrs. Yildiz Adelfio
Mr. Roger L. Adkins
Ms. Deborah L. Agate
Mr. William Albert
Ms. Luis Alderman
Ms. Janice Aleck
Mr. Michael F. Alesi
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For more information and links to Title VI complaint forms, go to www.ssseva.org/page/title-vi/

Gracious GRANTS

\$7,328 Subaru Share the Love Event to go toward the agency's Meals on Wheels program.

\$1,200 Dominion Energy to assist income-qualified seniors in South Hampton Roads and Western Tidewater who need a window air conditioner or fan.

\$10,000 Human Services Grant/Senior Wellness Promotion (CDSMP, DSMP & Matter of Balance) from City of Chesapeake

\$10,000 Local Contribution/Nutrition & Senior Companion Program from the City of Suffolk

\$52,494 Local Contribution/I-Ride and Senior Companion Program from Isle of Wight County

\$9,239 Local Match/I-Ride and Direct Services from Southampton County

\$64,000 Local Contribution/I-Ride, Senior Companion Program, Benefits Counseling, Ombudsman, Community Outreach from the City of Virginia Beach

\$26,000 Local Contribution/Meals on Wheels from the City of Norfolk

\$15,000 In-Home Care Services, Senior Companion Program from Franklin-Southampton Charities

\$275,000 Capital Grant/Five I-Ride vehicles from Virginia DRPT FTA Sec. 5310

\$89,635 Mobility Management Grant-Western Tidewater from Virginia DRPT FTA Sec 5317

\$9,195 Senior Transit in Metro South Hampton Roads from Virginia DRPT FTA

\$5,000 Medical Transportation for Suffolk from the Suffolk Foundation

\$10,000 MedCare Access Benefits Counseling in Western Tidewater from Dominion Energy Foundation

\$1,000 Senior Companion Program from the Pruden Foundation

\$1,500 Meals on Wheels from the Cape Henry Rotary Foundation

\$22,500 Benefits Counseling from the Altria Companies Employees Community Fund

\$6,000 I-Ride from the Franklin-Southampton Area United Way



Dominion Energy Grant



Optima Health Grant

\$25,000 Planning Grant/No Wrong Door Connectivity Project from the Hampton Roads Community Foundation

\$301,447 CNCS Continuation Grant/Senior Companion Program from CNCS

\$10,400 NAP Tax Credit Allotment/Commonwealth of Virginia DSS

\$25,000 Capacity Building Grant/No Wrong Door Capacity Building from the Commonwealth of Virginia Department of Rehabilitative Services (DARS)

\$10,000 Glick Gives Fund Community Grants/Feeding Those In Need (fall nutrition fair) from Gene B. Glick Company Philanthropy

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